



# National Nutrient Database for Standard Reference

## Release 28 slightly revised May, 2016

### Statistics Report 09409, Pineapple juice, canned or bottled, unsweetened, with added ascorbic acid

Report Date: June 30, 2017 21:01 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water <sup>1</sup>	g	86.37	20	0.691	85.38	87.06	1.0	77.594	95.151	2	Analytical or derived from analytical	--	04/2005
Energy	kcal	53	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Energy	kJ	220	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Protein <sup>1 2</sup>	g	0.36	79	0.030	0.23	0.41	2.0	0.229	0.49	3	Analytical or derived from analytical	--	04/2005
Total lipid (fat) <sup>1 2</sup>	g	0.12	58	0.029	0	0.19	2.0	-0.005	0.243	3	Analytical or derived from analytical	--	04/2005
Ash <sup>1</sup>	g	0.28	20	0.020	0.26	0.3	1.0	0.033	0.528	2	Analytical or derived from analytical	--	04/2005
Carbohydrate, by difference	g	12.87	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Fiber, total dietary <sup>1</sup>	g	0.2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2005
Sugars, total <sup>1</sup>	g	9.98	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2005

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sucrose <a href="#">1</a>	g	1.53	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2005
Glucose (dextrose) <a href="#">1</a>	g	4.65	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2005
Fructose <a href="#">1</a>	g	3.81	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2005
Lactose <a href="#">1</a>	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2006
Maltose <a href="#">1</a>	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2006
Galactose <a href="#">1</a>	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2006
<b>Minerals</b>													
Calcium, Ca <a href="#">1</a> <a href="#">2</a>	mg	13	86	2.988	7	24	2.0	0.414	26.127	3	Analytical or derived from analytical	--	04/2005
Iron, Fe <a href="#">1</a> <a href="#">2</a>	mg	0.31	77	0.052	0.17	0.57	2.0	0.083	0.534	3	Analytical or derived from analytical	--	04/2005
Magnesium, Mg <a href="#">1</a>	mg	12	29	1.427	11	15	1.0	-5.701	30.555	2	Analytical or derived from analytical	--	04/2005
Phosphorus, P <a href="#">1</a>	mg	8	27	0.372	6	9	1.0	3.508	12.949	2	Analytical or derived from analytical	--	04/2005

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Potassium, K <a href="#">1</a> <a href="#">2</a>	mg	130	64	3.500	85	160	2.0	115.388	145.507	3	Analytical or derived from analytical	--	04/2005
Sodium, Na <a href="#">1</a> <a href="#">2</a>	mg	2	75	1.294	0	5	2.0	-3.2	7.938	3	Analytical or derived from analytical	--	04/2005
Zinc, Zn <a href="#">1</a>	mg	0.11	20	0.001	0.09	0.13	1.0	0.104	0.117	2	Analytical or derived from analytical	--	04/2005
Copper, Cu <a href="#">1</a>	mg	0.069	20	0.041	0.03	0.13	1.0	-0.446	0.583	2	Analytical or derived from analytical	--	04/2005
Manganese, Mn <a href="#">1</a>	mg	0.504	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2005
Selenium, Se	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	09273	02/2003
Fluoride, F <a href="#">3</a> <a href="#">4</a> <a href="#">5</a> <a href="#">6</a>	µg	5.5	24	1.351	0.9	15.4	10.0	2.534	8.554	4	Analytical or derived from analytical	--	01/2006
<b>Vitamins</b>													
Vitamin C, total ascorbic acid <a href="#">1</a>	mg	43.8	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2005
Thiamin <a href="#">1</a> <a href="#">2</a>	mg	0.058	28	0.005	0.04	0.08	2.0	0.035	0.081	3	Analytical or derived from analytical	--	04/2005
Riboflavin <a href="#">1</a> <a href="#">2</a>	mg	0.021	28	0.005	0.01	0.04	2.0	-0.002	0.045	3	Analytical or derived from analytical	--	04/2005

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Niacin <a href="#">1</a> <a href="#">2</a>	mg	0.199	28	0.074	0.02	0.4	2.0	-0.119	0.517	3	Analytical or derived from analytical	--	04/2005
Pantothenic acid <a href="#">1</a>	mg	0.056	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2005
Vitamin B-6 <a href="#">1</a>	mg	0.100	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2005
Folate, total <a href="#">1</a>	μg	18	4	5.489	12	26	1.0	-52.15	87.327	2	Analytical or derived from analytical	--	04/2005
Folic acid	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	μg	18	4	5.489	12	26	1.0	-52.15	87.327	2	Analytical or derived from analytical	--	02/2007
Folate, DFE	μg	18	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Choline, total	mg	3.3	--	--	--	--	--	--	--	--	Calculated or imputed	09266	02/2007
Vitamin B-12	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	08/1982
Vitamin B-12, added	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Retinol	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Carotene, beta	μg	3	--	--	--	--	--	--	--	--	Calculated or imputed	09273	04/2005
Carotene, alpha	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09273	02/2003
Cryptoxanthin, beta	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09273	02/2003

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin A, IU	IU	5	14	4.643	0	65	1.0	-54.35	63.636	1	Analytical or derived from analytical	--	04/2005
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09273	02/2003
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09273	02/2003
Vitamin E (alpha-tocopherol)	mg	0.02	--	--	--	--	--	--	--	--	Calculated or imputed	09273	02/2003
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	0.3	--	--	--	--	--	--	--	--	Calculated or imputed	09273	02/2003
<b>Lipids</b>													
Fatty acids, total saturated	g	0.008	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
8:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
10:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
12:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
14:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
16:0	g	0.005	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
18:0	g	0.003	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
Fatty acids, total monounsaturated	g	0.014	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
16:1 undifferentiated	g	0.002	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
18:1 undifferentiated	g	0.012	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
Fatty acids, total polyunsaturated	g	0.042	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:2 undifferentiated	g	0.024	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
18:3 undifferentiated	g	0.018	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2007
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	08/1982
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	12/1995
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003

#### Sources of Data

<sup>1</sup>Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 7c, 2002 Beltsville MD

<sup>2</sup>Castle and Cooke (Dole) Select nutrients in pineapple fruit and juice, 1979

<sup>3</sup>J.D.B. Featherstone, Carol Shields **A Study of Fluoride Intake in New York State Residents**, 1988 New York State Fluoride Analysis Contract - report date 12/1/1988

<sup>4</sup>Stephen Adair, Dennis Leverett, Carol Shields **Fluoride Content of School Lunches from Optimally Fluoridated and a Fluoride-Deficient Community**, 1991 Journal of Food Composition and Analysis 4 pp.216-226

<sup>5</sup>Robert Ophaug **Fluoride, Unpublished - Ophaug**, Microdiffusion

<sup>6</sup>Steven Levy **Fluoride data on infant foods and beverages**, 2003 unpublished Fluoride data from Dr. Steven Levy, University of Iowa